

When to stay home



What counts as close contact?



Standing within
6 feet for 15
minutes



Direct physical
contact



Shared
utensils



A nearby
sneeze or
cough



Home care for
someone who
is sick with
COVID-19

How do I safely stay at home and away from others?

People who are isolated or quarantined should take the following actions to keep themselves and others safe:



Keep your physical
distance from others –
stay in your bedroom,
use separate
bathrooms.



Wipe down high-touch
areas every day with
a disinfectant.



Do not leave your
home (unless
necessary for
medical care).



Do not allow visitors
to your home.

Go to coronavirus.ohio.gov for more information

Sources: "Waiting for and Receiving COVID-19 Test Results," Ohio Department of Health, updated August 19, 2020. "COVID-19 FAQ: Quarantine," Ohio Department of Health, updated July 30, 2020.